



Please take some time to review the information in this package. By not following this protocol, students may be denied entry into the country. Government authorities may also fine students for non-compliance in certain situations. Our top priority is the health and safety of our students, faculty, staff, partners, and community.

We are obligated to follow the regulations and recommendations of the Canadian and provincial governments, and the local public health authority. This includes recording the flight information and self-isolation plans for all of our arriving international students; **you must send us this information before departing your home country.**

At the end of the document is the COVID-19 Travel and Arrival Protocols Declaration. This document, along with your flight information and self-isolation plan, must be signed and sent to Vickie Boughen, Campus Director – vickie@cg-masters.com before you leave your home country.

Before you depart for Canada

Communication and Relationship Building

If you will be staying in a homestay, contact your host family to get to know each other. A video chat using Zoom or Skype is a good way to do this. Remember to exchange emails and cell phone numbers with your host family. If you will be staying in a residence/dormitory/hotel, please ensure that you have the correct contact information for them, as well as for any private transportation service that you may be using.

You should also enter the CG Masters telephone number and email into your cell phone.

Household Isolation

Before you leave your home country to come to Canada, it is recommended that you self isolate in your home for 2 weeks and only meet your immediate household members during that time.

Covid-19 Testing and Mandatory Hotel Quarantine

As of January, 7 2021, students must present a negative Covid-19 test prior to boarding a flight to Canada. The test must be performed using a COVID-19 molecular polymerase chain reaction (or PCR) test and must be taken within 72 hours prior to your scheduled departure to Canada.

As of February 21, 2021, students are also required to:

- Reserve a government-authorized hotel for 3 nights prior to departure to Canada.
- To book your mandatory 3-night hotel stopover, call 1-800-294-8253 (from within North America) or 1-613-830-2992 (collect call from outside North America)
- Take a COVID-19 molecular test on arrival in Canada
- Stay in the government-authorized hotel to wait for the results of the COVID-19 molecular test taken on arrival

- Pay for the cost of the hotel stay, as well as all associated costs for:
 - food
 - security
 - transportation
 - infection prevention and control measures

Travellers must present proof of having reserved and pre-paid for their accommodation through ArriveCAN. Travellers will still be required to complete the remainder of the mandatory 14-day quarantine after their mandatory hotel stopover.

Packing

We recommend including the following in your carry-on bag:

- Proof of reservation at government-approved hotel for 3 nights.
- Passport
- Study Permit or Study Permit Approval Letter
- Custodianship Documents (if required)
- Letter of Acceptance
- Host Family Profile with contact information (if applicable)
- Residence/Dormitory/Hotel information (if applicable)
- Private transportation service information (if applicable)
- Complete BC Self Isolation Plan Form
- Medical clearance letter (if you have one)
- COVID test results (if you have them)
- Copy of this document signed by yourself (and your parents/guardians if you are under the age of 19)
- 2 masks, 3 pair of gloves, travel-sized hand-sanitizer, disinfecting wipes.
- Change of clothes.
- Snacks

ARRIVAL PLANS

Before you leave your home country, you must download the ArriveCAN app from the Government of Canada and complete a mandatory Self-Isolation Plan for the Government of British Columbia.

Both need to be complete prior to your arrival in British Columbia.

ARRIVECAN APP

The ArriveCAN app is available for iPhone and Android and can be downloaded from the App Store or Google Play.

This app must be setup before you arrive at immigration in Canada because the immigration officer will provide you with a TOKEN NUMBER you will need to enter.

If you will not be travelling with a smartphone, submit your information by creating an account and signing in online at <https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca/privacy> . Print or take a screenshot of your receipt and take it with you when you travel.

BC GOVERNMENT SELF-ISOLATION PLAN

Before you leave your home country it is very important that you complete the BC Government Support for International Travelers Self Isolation Plan form. When you arrive at the airport you will be asked to show this form, and the information must be correct.

If you need assistance in filling out this form, please ask Vickie Boughen – Campus Director at vickie@cg-masters.com.

On the next page you will see an example of the form.

Once you have completed the form:

- 1) Send a copy to Vickie Boughen, Campus Director at vickie@cg-masters.com.
- 2) Print a copy for your carry-on bag
- 3) Keep a copy on your phone
- 4) Complete an online version of the form at <https://travelscreening.gov.bc.ca/>



PRIMARY CONTACT INFORMATION

First Name (primary contact)	Last Name (primary contact)	Date of Birth (yyyy / mm / dd)	
Phone Number	Email (optional)		
Home Address	City	Province or Territory	Postal Code

TRAVEL INFORMATION

Are There Additional Travellers in Your Group? <input type="checkbox"/> Yes <input type="checkbox"/> No If Yes → Number of additional travellers in your group: _____	ADDITIONAL TRAVELLERS (please list all additional travellers)		
	First Name	Last Name	Date of Birth (yyyy / mm / dd)
Arrival Date (yyyy / mm / dd)			
Arrival By <input type="checkbox"/> Air <input type="checkbox"/> Sea <input type="checkbox"/> Ground			
Airline / Flight Number (if applicable)			
Arrival From (City, Country)			

SELF ISOLATION PLAN

Do you have accommodation arranged for your self-isolation period? <input type="checkbox"/> Yes <input type="checkbox"/> No	If Yes, which city will you be isolating in?
If Yes, what is the address where you'll be staying?	
If Yes, isolation type? <input type="checkbox"/> Private Residence <input type="checkbox"/> With Family <input type="checkbox"/> Commercial (hotel)	
Do you need accommodation assistance to self-isolate from anyone who is over 60 years old or who has heart disease, high blood pressure, asthma or other lung disease, diabetes, cancer, immune suppression or is taking prednisone medication? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Are you able to make the necessary arrangements for your self-isolation period? (e.g. food, medication, child care, cleaning supplies, pet care). <input type="checkbox"/> Yes <input type="checkbox"/> No	
What form of transportation will you take to your self-isolation location? <input type="checkbox"/> Personal Vehicle <input type="checkbox"/> Public Transportation <input type="checkbox"/> Taxi or Ride Share	

CERTIFY DECLARATION

<input type="checkbox"/> I certify this to be accurate
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Proceed to the provincial check point, if available at your location, where you may be asked to confirm how you will comply with the provincial order to self isolate.

Collection Notice

Your personal information as well as those of your household is collected by the Ministry of Health under the authority of sections 26(a), (c), (e) and s. 27(1)(a)(iii) of the Freedom of Information and Protection of Privacy Act, the Public Health Act and the federal Quarantine Act, for the purposes of reducing the spread of COVID-19. Personal information may be shared with personnel providing support services and follow-up during self-isolation. Should you have any questions or concerns about the collection of your personal information please contact:
Title: Ministry of Health, Chief Privacy Officer
Telephone: 236-478-1666